Ballina High School was first established in 1929 as an Intermediate High School. In 1956 the school became a High School. Ballina High School has a long tradition of excellence in academic, cultural and sporting endeavours. Students have gained district, Regional, State and National status in all areas of school life.

2011 Cross Country Carnival

Congratulations to all who competed in the Cross Country for 2011. This year it was held on the wet weather course that goes around Lake Ainsworth then along the beach to finish. Shelly house won the day and well done to all age champions. The Spirit Cup is awarded to the house that displays the best house spirit in terms of wearing house colours and showing enthusiasm on carnival day. This year the cup was awarded to Lighthouse.

The Champion House Award for the fastest runners and the most competitors on the day went to Shelley.

AGE CHAMPIONS – GIRLS

Kelle McCarthy & Cameron Marchant

AGE CHAMPIONS – BOYS

Spirit Cup Winner – Lighthouse

AGE CHAMPIONS – GIRLS

12 Kayla Lewis, 13 Jess Tickle, 14 Tayla Egan, 15 Tiana Kelly-Parkinson, 16 Sophie Thomson, 17 Georgia Hunter, 18 Emily Crozier.

AGE CHAMPIONS – BOYS

12 George Brown, 13 Logan Iverson, 14 Blake Dunn, 15 Ben Hawkes, 16 Shawn Wear, 17 Grant Knight, 18 Lachlan Brookes.

HOUSE CHAMPIONS – SHELLEY

Sarah Short & Ryan Boardman

www.ballina-h.schools.nsw.edu.au

Principal: Mr Phil Steer  Deputy Principals: Mr Errol Ussher & Mr John Douglas
Locked Bag 1 (Burnet St) Ballina 2478  Phone 02 6686 2133  Fax 02 6686 4235  Email: ballina-h.school@det.nsw.edu.au
Trek Quest Outback 4x4 Jurassic Adventure, Walk with the Dinosaurs—Lismore to Grampian via Constambe, Charleville, Muttaburra, Winton, Mundah, Adavale and Bollon. 24 September to 1 October, 2011. Fees $200 Deposit paid with entry plus $1000 paid by 17/9/11. Call Peter on (02) 6663 1442 or A/H 6663 1538, 0418 666 937, Fax: (02) 6663 1528. www.trekquest.org.au

Helping Learner Drivers become Safer Drivers — FREE workshops for parents and supervising drivers. Advice about: Current laws for L & P licence holders; Supervising learner drivers; Completing the Learner driver log book; The benefits of supervised on-road driving experience. 6.00-8.00pm Thursday 26 May at Ballina RSL Club, 240 River Street, Ballina. Book now on 6686 1427.

Host Family Request — In June/July 2011 Student Exchange Australia New Zealand Ltd will be receiving exchange students from Europe, the USA and Latin America. They will live with a host family and attend a local school for 2-10 months. Visit www.studentexchange.org.au or Phone 1300 135 331.

EF Can you help Host an International Exchange Student — We are urgently seeking Volunteer Host Family’s in NSW for our many different students. Let them become a part of your family, sharing each other’s cultures! Experience the differences between the Australia way of life and the Taiwanese way of life! Or how about the Finnish way of life? Or even the Italian way of life? Have a go and show our students what Australian life is all about, and help make the world a friendlier place.

Contact us on 1800 251 877 or meet our students on www.efaustion.com.au, Email: foundation.au@ef.com

Pathways to Manhood — For boys aged 13-15 and their fathers (or a male mentor). Pathways to Manhood is a contemporary, community based Rite of Passage for boys aged 13-15, and takes the form of a six-day bush camp. A Rite of Passage is an event that facilitates the fundamental shift from boy psychology into healthy man psychology. Growing old is inevitable, growing up is optional.

The Pathways Foundation is a non-profit organisation with over 15 years experience offering camps that are dedicated to assisting young people make the important emotional shift from being a child to young adult. Our programs aim to develop healthy individual and family relationships.

For more info visit www.pathwaysfoundation.org.au, Date: 18-23 July, 2011, near Mullumbimby, for bookings call 1300 850 766 or for more information contact Anthony Brown on 0416 130 399.

Connect to your Child’s Future — Free Parent Information Evening for parents of students from years 9 to 12. Ballina RSL, 4.30-7pm Thursday 16th June 2011. Become better informed about education, training and employment options for your child. Wide range of expert information, stalls and selected guest speakers. Pop in for a short visit or stay for the evening. Put in your diary and watch out for the flyer coming soon.

Biggest Morning Tea — Students and Staff are invited to attend on Thursday 26 May at Recess in the Library. Cuppa & Cakes for $2.

As we celebrate National Volunteering week we acknowledge that at Ballina High School we are very fortunate to have some very committed and valuable Volunteers. We thank these wonderful caring people for their diligence and for sharing their time with us but take this opportunity to let the school community know that we currently need more just like them!

Our School Canteen depends on the generous help of Volunteers and at present we are struggling with having enough helpers to serve and prepare food, especially in the colder winter months, so more assistance is needed.

If you are available for 3 hours on Tuesday & Wednesday mornings, this is the time that the Canteen needs most critical help at present, however, any assistance that can be offered at anytime will be very much appreciated.

Please call Kim Hernage at the school office 6686 2133 to Volunteer your services either for the School Canteen or as a Reading Tutor Thursday and Friday mornings from 8.50am-9.25am. It would be appreciated if you could also pass this request on to any relatives, neighbours or friends that you know may be able to help us to continue to provide this service and assistance to our students.

Thank you
Kim Hernage,
Community Liaison Officer
### Term 2 Subject Contents – Years 7-10

#### Science
- **Year 7**: The Solar System Classification, Electricity The Night Sky, The Body at War, It's a Material World, Life Goes on On the Move
- **Year 8**: Marine Studies Intro to Marine Studies, Water Safety, Marine First Aid, Maintaining Marine Equip., Aquarium Design & Const., Managing Water Quality, Small Boat Handling, Year 10 Marine Safety & First Aid, Open Water Snorkelling, Estuaries, Marine Fish, Underwater Farming, Advanced Boating

#### Humanities & Social Sciences (HSIE)
- **History**: Year 8 Ancient Greece, Year 9 Australia in WWI and between the Wars, Year 10 Changing Rights and Freedoms in Post War Australia
- **Geography**: Year 7 Global Environment, eg. Coasts, Rainforests, Deserts, etc., Year 9 Australia’s Physical Environment – Natural Hazards, Year 10 i) Issues in the Australian Environment ii) Regional and Global Contexts

#### English
- Year 7 Narrative and Poetry, Year 8 Magazine and Poetry, Year 9 Reality TV and Poetry, Year 10 Poetry and Drama
- Year 7 Family, The Calendar—Months, Days, Japanese Clothing, Year 8 Hiragana Alphabet, About Me
- Year 7 Will look at decimals, solid shapes, patterns and algebra and length and perimeter this term, Year 8 Will look at Graphs and Tables, Equations and Measurement this term, Year 9 Will look at Investigating Geometry, earning Money, Pythagoras theorem or Trigonometry and Indices, Year 10 Will look at Deductive Geometry, Savings and Borrowing and Coordinate Geometry

#### Mathematics (MATHS)
- Year 7 Will look at decimals, solid shapes, patterns and algebra and length and perimeter this term.
- Year 8 Will look at graphs and Tables, Equations and Measurement this term.
- Year 9 Will look at Investigating Geometry, earning Money, Pythagoras Theorem or Trigonometry and Indices.
- Year 10 Will look at Deductive Geometry, Savings and Borrowing and Coordinate Geometry.

#### Practical Arts (CAPA)
- **Theory**: Year 7 Min Games / Throw, Catch & Strike / Smokescreen
- **Practical**: Year 7 Track & Field, Year 8 Track & Field, Year 9 Track & Field, Year 10 Track & Field

#### Visual Arts
- Year 7 Other Living Things Clay Work Written/Sketchbook, Year 8 Objects – Cars Clay Work Written/Sketchbook, Year 9 Other Living Things Graphics Print Making/4D Written/Sketchbook PowerPoint Project, Year 10 Issues & Theories Bauhaus Ceramics Written/Sketchbook PowerPoint Project

#### Music
- Year 7 Instruments of the Orchestra Performance, Year 8 Rock Band Performance PowerPoint Display, Year 9 Romantic Music Performance Musicology Class Test, Year 10 Protest Music Performance PowerPoint Project Class Test

#### Marine Studies
- Year 7 Drawstring Bags Aprons, Year 8 Wooden Die Pencil Box, Year 9 Bookends Wind Turbine, Year 10 Boat Whistle Utility Box

#### Human Society and Its Environment (LOTE)
- Year 7 Narrative and Poetry, Year 8 Magazine and Poetry, Year 9 Reality TV and Poetry, Year 10 Poetry and Drama
- Year 7 Family, The Calendar—Months, Days, Japanese Clothing, Year 8 Hiragana Alphabet, About Me

#### PDHPE
- Year 7 Track & Field, Year 8 Track & Field, Year 9 Track & Field, Year 10 Track & Field

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### Year 9 GATS

On Tuesday May 3 a slightly nerdy, 8 somewhat nervous group of Year 9 students showed off the end result of 10 weeks research into a topic of their choice to family and friends. Many topics were presented including: Alien encounters, dancing, singing, bullying in the media, creative writing, fashion through the ages, modelling, changes in youth culture and the Battle of Britain to name a few.

The day was a great success and I would encourage anyone with the opportunity to take part in a GATS programme to get involved.

A special thanks to family and friends that attended and to Ms Page for organising the programme and Mr Playford for letting us use the library.

*Ben Taylor*  
*Year 9*
A reminder about junior exams.

Students your half yearly exams are as follows:

**YEAR 7**
- Geography: Friday 27 May, Periods 3 & 4
- Maths: Thursday 26 May, Periods 5 & 6
- Science: Wednesday 25 May, Periods 3 & 4

**YEAR 8**
- Maths: Thursday 26 May, Periods 1 & 2
- Science: Friday 27 May, Periods 1 & 2

**YEAR 9**
- Geography: Wednesday 25 May, Periods 1 & 2
- Maths: Friday 27 May, Periods 5 & 6
- Science: Thursday 26 May, Periods 3 & 4

**YEAR 10**
- English: Monday 23 May, Periods 1, 2, & 3
- Science: Monday 23 May, Periods Lunch, 5 & 6
- Maths: Tuesday 24 May, Periods 1, 2 & 3
- Geog/History: Tuesday 24 May, Periods Lunch, 5 & 6

Students are to remain in M Block during period 4 under supervision.  
*Be prepared – Mr John Parker*

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**UNDER 15 AUSSIE RULES**

The Ballina under 15 Aussie Rules team easily accounted for Southern Cross High school to progress to the next round of the under 15 CHS knockout. Ballina 11-4-70 defeated Southern Cross 7-4-46. After a slow start, Ballina clicked into gear moving the ball to the forward line quickly where forwards Aidan Kane and James Newstead finished off their good work with good goals. It was a very good team effort. Next game will be played against Mullumbimby.

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**STUDENT DIARIES**

*to be used Daily*

Their attitudes towards achieving life balance will benefit considerably when they are willing and able to become more discerning in identifying ‘musts’ and ‘options’ in their lives and the time they allocate to each of them.

www.learningcurveplanner.com.au

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**Dates for your Diary**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Contact</th>
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<tbody>
<tr>
<td>23 May</td>
<td>Yr 10 H/Y Exams (finish 24 May)</td>
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<tr>
<td></td>
<td>Reconciliation Week</td>
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<tr>
<td>24 May</td>
<td>FNC Cross Country – Byron Bay</td>
<td>Ms Gallaway</td>
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<tr>
<td>25 May</td>
<td>Yr 7, 8 &amp; 9 H/Y Exams (finish 27 May)</td>
<td>Ms Gallaway</td>
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<td>KO Hockey Boys &amp; Girls</td>
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<td>26 May</td>
<td>National Sorry Day</td>
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<tr>
<td>30 May</td>
<td>Yr 12 Griffith University Talk</td>
<td>Mr Crane</td>
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<tr>
<td>31 May</td>
<td>RTA Presentation</td>
<td>Mr Gordon</td>
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<tr>
<td>01 Jun</td>
<td>School Athletics Carnival</td>
<td>Mr Buchanan</td>
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<tr>
<td>02 Jun</td>
<td>OH&amp;S Construction Course (finish 3 June)</td>
<td>Mr Frangos</td>
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<tr>
<td>05 Jun</td>
<td>Workshop Opportunity for Yr11 &amp; 12</td>
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<td></td>
<td>Music Students – SX Uni Lismore</td>
<td>Mr WIllyacy</td>
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<tr>
<td>07 Jun</td>
<td>Yr 11 Biology Mangrove Exc</td>
<td>Mr Kersalits</td>
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<td>Yr 8 Tax File Number Application Presentation</td>
<td>Mr Crane</td>
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<td>08 Jun</td>
<td>Senior Student Conference Careers – SX Uni</td>
<td>Mr Crane</td>
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<tr>
<td>09 Jun</td>
<td>Yr 12 Medical Careers – Lismore</td>
<td>Mr Crane</td>
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**SPORT STARS**

**Brian Kelly Yr 10** has achieved outstanding success in U15yrs Rugby League. He has been through a rigorous selection process, involving selection in – Far North Coast, Northern North Coast, North Coast, and finally the Greater Northern Team. He will now be attending the NSWCHS U15yrs Rugby League Trials in Toronto on the 30th May, 2011.

Brian has also been selected in the North Coast U15 Touch team and is attending the NSWCHS Championships at Newcastle as this Newsletter goes to print.

Double congratulations Brian, and we wish you success in your next challenges, making these NSW teams.

**Ben Christensen-Gibson Yr 11** has been successful in achieving selection in the North Coast Lawn Bowls Team in both the Open Boys Singles and Doubles events. He will be travelling to Warilla in June to compete at the next Championships. Congratulations Ben on your success.

**John Parker Yr 9 and Elwyn Dickson Yr 8** – who were both selected in the North Coast U15yrs Australian Football League team. They attended the Northern NSW Trials at Hunter on 29th April, and thoroughly enjoyed the experience.

**Georgia Hunter Yr 11** has once again been successful in being selected for the North Coast Open Girls Hockey team. She will be competing in the NSWCHS Championships at Broadmeadow on the 7th-9th June 2011. Congratulations and good luck Georgia.

**Phillip Francis Yr 12 and Sophie Thomson Yr 11** were both selected in NC Football teams. Phillip will be competing for the NC Open Boys team at Orange on 24th – 26th May. Sophie competes with the Open Girls team at Port Macquarie on 17th- 19th May 2011.

Congratulations to both and good luck.

*Mrs Gallaway, Sports Organiser*

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**Ballina High School Leo Club**

**Trivia Night**

On Monday 30th May at Ballina Bowling Club $10 per person proceeds to “Our House” Charity.

**Relay for Life**

**Dinner Dance**

Relay for Life celebrates survivors of and Carers of those with Cancer. To launch this year’s Relay which will be held later on this year there will be an Op-Shop-Alicous dinner dance with Jabiru on Saturday 21st May from 6pm at the Ballina RSL auditorium with prizes & giveaways for best Op shop outfits. Tickets are $35 per head tickets are available online, in person or via phone from Ballina RSL www.ballinarsl.com.au 66862544
Borrowed Blazers

Please be aware that all blazers, shirts and ties borrowed from the uniform pool are to be returned clean. Please inform us if buttons are lost or missing from the garments.

If blazers or ties need cleaning please

Dry Clean Only

SCHOOL PARENTS

NSW Public Schools Online Magazine

Helping Mums and Dads with school life Accessible through

www.schools.nsw.edu.au/ezine
We all have a dream...
But some people don’t even have a home or an income which makes even the basic dreams of providing for their family seem unreachable.

But you could be a maker!
Create a DREAM TEAM
And by collecting for The Salvation Army Annual Red Shield Appeal Door Knock Day
On Sunday 29th May 2011 you could help make someone’s dreams come true.

Teams can be made up of family members, friends, work mates.
To register or find out more call The Salvation Army Ballina on
☎ 6686 5538
If unattended, please leave your contact details