Ballina High School was first established in 1929 as an Intermediate High School. In 1956 the school became a High School. Ballina High School has a long tradition of excellence in academic, cultural and sporting endeavours. Students have gained district, Regional, State and National status in all areas of school life.

School Social

Alphabet Theme

Great night organised by the SRC. Students dressed up in amazing costumes and had fun dancing the night away. A big thank you to all the teachers who helped and well done to the student organisers.

STOP PRESS

Year 9 Laptop Information Evening
Wednesday 16 March
6.00-7.00pm

Year 7 Information Evening
Thursday 17 March
6.00-7.30pm
Ballina Soccer Club — Players wanted for U15’s Girls Team.
Contact Dave 0418 417 441.

Student Exchange Australia & New Zealand — In June/July 2011, students aged 14 – 19 years from Europe, the USA and South America will be arriving in Australia to study at local schools for 2-10 months. Opportunities are available to act as a host family in a volunteer/unpaid capacity. Hosting can be on a temporary, short or long term basis. Host families help provide each student with the chance to study and experience life in Australia. This is a great way to practice another language, share your stories, learn about another country and culture, establish a lifelong link to a family in another country and contribute to international goodwill.

Our students bring with them their own spending money, health insurance and a wonderful attitude and desire to learn about their new host country. Your whole family….and your relatives and friends….will grow and learn as you all get to know your new ‘son’ or ‘daughter’ from another land. If your family can offer a friendly, supportive and caring home environment, contact us today.

To learn more about this opportunity call Student Exchange Australia New Zealand on 1300 135 331 or visit our website. http://studentexchange.org.au/

Camp Willing & Able — Suitable for people of all ages with a physical and/or intellectual disability. The emphasis during activities is on making friends and having fun. Held on 19-20 March at Lake Ainsworth Sport and Recreation Centre. Phone 6618 0400


Alstonville Hockey Club — If you are interested in joining our club, as a player, spectator or volunteer please contact any of the following: President Brian Mooney 6628 1067, Secretary Mardi White 6628 1764. Or come along to our sign-up and training days at the Gap Road Grounds in Alstonville between 4-5pm on Wednesday afternoons. www.alstonvillehockeyclub.com.au or Email: alstonvillehockeyclub@hotmail.com

Ballina Junior Rugby Union Sign on Dates — At the clubhouse 5-7pm on the following dates: Wednesday 16, 23, 30 March, 2011 + training night. All Junior fees will be $95 for the 2011 season and each player will receive Top + Shorts + socks as part of their sign on fee. Any enquiries President Lyster Hart 0428 342 967 or Tim Apps 0412 734 454.

Disco Night at Biala — Biala Support Services Inc. Invites you to attend a Disco on Saturday 26 March, 2011, with DJ Jason Sines. Starts 6.30 for 7.00pm start finish at 10.00pm. No flashing lights. To be held at Biala Special School (in the grounds of the school) Entry via Acacia Place, Ballina (off Moon Street). Cost $5 per person (children under 16 must be accompanied by an adult). Supper with tea or coffee included in entry fee. Lucky door prize! Alcohol Free Event! For more info call Sue Parker on 6686 5143.

Movie Pass Giveaway

Question: What 2 creatures are on the Australian coat of arms?

Have your answer in by Tuesday, Day 3, Week A, Recess.

Draw will be after recess.

Place your answers in the box on the Receptionist Desk at the Front Office.

Last winner was Daniel Kapeen Yr 10 with the answer “Mortimer Mouse” — good luck!

Alstonville Hockey Club — All Junior fees will be $95 for the 2011 season and each player will receive Top + Shorts + socks as part of their sign on fee. Any enquiries President Lyster Hart 0428 342 967 or Tim Apps 0412 734 454.

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SECOND HAND UNIFORM POOL

If your child has outgrown his/her school uniform the school would really appreciate it if those uniforms could be donated to our uniform pool. Please hand them into the front office. Thank you!

Second hand items can be purchased for $2.

The uniform pool is there for everyone to use, and if items are not donated we will have no spare uniforms to lend to wet, cold or out of uniform students.

If a student borrows a piece of clothing from the Uniform Pool, please wash and return ASAP – Thanks!

Next P&C Meeting

Monday 21 March 2011 – 7.00pm
Every Year 7 parent is warmly invited to attend

Borrowed Blazers

Please be aware that all blazers, shirts and ties borrowed from the uniform pool are to be returned clean.

Please inform us if buttons are lost or missing from the garments.

If blazers or ties need cleaning please

Dry Clean Only

Kidsing – Funsing

School Holiday Singing & Drama Workshop

will be held Monday 11th – Thursday 14th April, 2011 at Ballina Players Theatre (First week of the April School Holidays)

Monday 9.00am-3.00pm
Tuesday 9.00am-3.00pm
Wednesday 9.00am-3.00pm
Thursday 12 noon-6.00pm (Concert at 5.00pm)

Bookings have now opened

Professional Teachers provide a great fun holiday experience. Please email me with any enquiries you may have khernage@hotmail.com or call me on 6681 1149 or 0413 128 750
Year 11 and Year 12 Construction and school based apprentice students recently completed work for “C” block, assembling and erecting a garden shed. The shed was placed on a concrete slab that was poured in term 4 by last year’s Year 11 construction group. “It gives the students the opportunity to learn various aspects of regular building work. They had to calculate concrete quantities, learn how to correctly place reinforcing mesh in place as well as all the preparation required to prepare a concrete slab,” said Mr. Frangos construction teacher.

Pictured are school based apprentices Kaden Connor, Kim Richter and Thomas Carruthers finishing the shed.

NEW GARDEN SHED FOR ‘C’ BLOCK

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FREE IMMUNISATION

Year 7 and Year 10 students took advantage of the free immunisation program last week. Students were immunised against chicken pox, hepatitis and cervical cancer. Well done to all students who participated in a cooperative manner. Pictures show Loren McGarrity and Marissa Carr being immunised before going to touch football. Mr Andrew Playford

U15 AUSSIE RULES SELECTION TRIALS

In sweltering conditions at Saunders Oval Ballina Aussie rules team played in the selection trials for the North Coast. Congratulations go to John Parker, Elwyn Dickson and Daniel Castellari who were selected in the team. The boys played very well winning both games against a spirited opposition in trying conditions. They are to be commended for their effort and sportsmanship.

Mr Paul Frangos

YEAR 9 LAPTOPS PARENT INFORMATION EVENING

On Wednesday 16 March we will be holding a parent information evening from 6.00-7.00pm in the Ballina High School Hall. The purpose of the evening is to introduce the laptop, inform you and your child of the responsibilities that accompany it, and to distribute the laptops to our students. We would like to invite you and your child to this event and would be very pleased if you could attend.

Mr Richie Miles

YEAR 10 WORK EXPERIENCE PROGRAM

A reminder to parents that work experience for all Year 10 students will be held during the week, 20-24 June, 2011. Department of Education Guidelines for the implementation of workplace learning programs are very specific. To ensure that all requirements are met, including the appropriate completion of all documentation, all students are expected to have their positions arranged by Friday May 20. The student placement record, signed by the employer and parents, must be returned to Mr Crane by this date.

During term 1, a number of lessons in school to work planning lessons are devoted to assisting students in the process of deciding on their choice for work experience and finding and applying for a suitable position. If you have any concerns or queries about the program please do not hesitate to contact Mr Crane.

Mr Frangos
SCOPE CLUB OF BALLINA BURSARY 2011

The Scope Club of Ballina’s representatives Ruth Gradwell, Robyn Moore and Maree May came to our school assembly Monday morning to present Casey Milne Year 11 with the Bursary for 2011 which she was awarded recently. Congratulations to Casey and thank you to the Scope Club of Ballina for this valuable contribution to assist one of our students.

To build students’ independence and power to learn along, it is essential that their learning extends to settings well beyond the classroom. One of these learning forums is at home. For students to reap the maximum possible benefits from their learning at home, a special place to study is highly desirable.

Please go to www.learningcurveplanner.com.au for further information

Mr Andrew Playford

BALLINA JUNIOR CHAMBER OF COMMERCE

The Ballina Junior Chamber of Commerce held its first meeting on Wednesday 2nd March with all local schools represented however not every member was present. Ballina High is proud to have Blake Tyler, Nada Van Kempen, Jack Norris and Tim Hayes as our representatives this year and we congratulate Blake who is the newly elected President. The Junior Chamber has received a sponsorship from Newcastle Permanent and this year has newly appointed Donna Yager from the Ballina Chamber of Commerce as their representative at the meetings each month.

Ms Kim Hernage

STUDENT DIARIES to be used Daily

BASKETBALL ACTION

Ballina High School hosted the Regional Basketball championships recently where Ballina Open girls performed strongly throughout the day. Coached by Ms Conklin they showed great commitment and teamwork. Mr Andrew Playford
Tips for supervising your Learner Driver

- Safe driving takes time and practice – it is more than just operating a vehicle.
- Use the 120 supervised hours to help young drivers learn to recognise and respond safely to hazards.
- Plan a variety of driving experiences e.g., different road conditions, weather conditions and vary time of day.
- Shorter drives can be useful early on.
- Reduce the risk of distraction e.g., turn off mobile phones.
- Keep instructions short and clear.
- Be positive and acknowledge when your teenager does well rather than criticise.
- At the end of a drive reinforce achievements and discuss areas to work on.
- Real on-road driving experience is more beneficial than ‘advanced’ or ‘defensive’ off-road driver training.¹
- Find out more about supporting your young driver by attending a ‘Helping Learner Drivers Become Safer Drivers Workshop’ in your local area. Contact the RTA on 132213, visit [www.rta.nsw.gov.au](http://www.rta.nsw.gov.au) or visit your local Council’s website.
- You and your young driver must be familiar with the RTA Road Users Handbook and understand NSW road rules and licence conditions.

¹ “Research indicates that advanced or defensive driving courses do not enhance skills for novice or learner drivers. Such courses can also lead to overconfidence of drivers resulting in increased risk taking. The Graduated Licensing Scheme in NSW consists of three stages and four tests. The focus is on supervised on-road driving experience in a range of conditions and environments. “Limiting Risks, Protecting Lives.” NSW Centre for Road Safety. RTA. 2009

For more information about the RRISK program and risk taking, visit [www.rrisk.com.au](http://www.rrisk.com.au)
What do I do if someone is harassing my teen on the site or through Inbox?

You should advise your teen to block the person using the "Block List" option at the bottom of the Privacy Settings page. If this does not resolve the problem, you or your teen can report the user by clicking the "Report/Block this Person" link that appears at the bottom of the user's profile. Your teen can also report the sender of a message that he or she received using the report link located next to the message in the Inbox.

What do I do if someone is attacking my teen in Facebook Chat?

Please keep in mind that only your teen's confirmed friends can contact him or her via Facebook Chat. We recommend that your teen remove this user from his or her Friend List. If necessary, your teen may block the person using the "Block List" option available from the bottom of the Privacy Settings page.

What if my teen's current or ex-boyfriend/girlfriend is controlling or monitoring what they do on Facebook?

If your teen’s current or ex-boyfriend/girlfriend is controlling or monitoring his or her activity on Facebook, this could be a sign of relationship abuse. If you think this might be happening to your teen, please call the National Domestic Violence hotline at 1-800-799-SAFE to find out about resources in your community and get additional safety information.

Your teen may also want to consider restricting privacy on his or her Facebook account so that certain people can’t access information like the Wall, photos, or profile. Remember that computer usage can be monitored. If you’re afraid that your teen's computer isn’t safe, visit http://stoprelationshipabuse.org/techsafe.html to learn more about computer safety.