Ballina High School was first established in 1929 as an Intermediate High School. In 1956 the school became a High School. Ballina High School has a long tradition of excellence in academic, cultural and sporting endeavours. Students have gained district, Regional, State and National status in all areas of school life.
**POSITION AVAILABLE**

**Expression of Interest**

A temporary part-time paid position in the School Canteen. The position is for 3 hours per day, 5 days a week. The job requires you to carry out many activities in the canteen, eg food preparation, serving students, cleaning. The successful applicant will need to commence work on Monday 7th March, 2011.

If you are interested please contact the school and have a written response in by 3.30pm Wednesday 2nd March, 2011.

Address response to Ballina High P&C.

---

**NSW PUBLIC SCHOOLS ONLINE MAGAZINE**

**“SCHOOL PARENTS”**

Helping Mums and Dads with school life

Accessible through

www.schools.nsw.edu.au/ezine

---

**SECOND HAND UNIFORM POOL**

If your child has outgrown his/her school uniform the school would really appreciate it if those uniforms could be donated to our uniform pool. Please hand them into the front office. Thank you!

**Second hand items can be purchased for $2.**

The uniform pool is there for everyone to use, and if items are not donated we will have no spare uniforms to lend to wet, cold or out of uniform students.

If a student borrows a piece of clothing from the Uniform Pool, please wash and return ASAP – Thanks!

---

**BORROWED BLAZERS**

Please be aware that all blazers, shirts and ties borrowed from the uniform pool are to be returned clean.

Please inform us if buttons are lost or missing from the garments.

If blazers or ties need cleaning please

**DRY CLEAN ONLY**

---

**MOVIE PASS GIVEAWAY**

Question:

What was Mickey Mouse’s original name?

Have your answer in by Tuesday, Day 3, Week A, Recess.

Draw will be after recess.

Place your answers in the box on the Receptionist Desk at the Front Office.

Nobody had the correct answer last time so we are running the same question – good luck!

---

**Teacher Respect**

Every student who enrols in Ballina High School signs an Enrolment Agreement form. By doing so they and their parents agree to the student following certain standards of behaviour, including:

- **Behave in a manner that shows respect for themselves and the rights and feelings of others.**
- **Behave in a responsible and courteous manner.**

Ballina High staff are professional people, and students at all times are to treat them with dignity and respect. **Verbal abuse, obscene language** to a teacher, will not be tolerated. If a student behaves in this way, they will be **suspended** from school.

Similarly, any student who **intimidates, humiliates or demeans** another student through the use of obscene language, will also be **suspended** from the school.

The school urges all parents and guardians to support us in ensuring that all members of the school community are treated with **dignity, respect and courtesy.**

Mr E Ussher
Deputy Principal

---

**Next P&C Meeting**

Monday 21 March 2011 – 7.00pm

Every Year 7 parent is warmly invited to attend
A Trivia night will be held as a fundraising event for the School’s Toke Visit on **Monday 2nd May, 2011** at the **Cherry Street Club at 6pm**. Everyone is welcome to get a group of friends together for this fun night. Great prizes!

---

**Snorkelling at Julian Rocks**

On Wednesday the 2nd February, 2011, Year 10 and 11 Marine Studies students took to the water off Julian Rocks at Byron Bay. The snorkelling excursion was postponed from last year when heavy seas and torrential rain made ‘the rock’ unsafe. Sea surface conditions were reasonably good with a building swell but little current, however suspended material in the water made for poor visibility. The presence of small stinging coelenterates was a little uncomfortable but the seal life, as always was incredible. Plenty of fish, eagle rays, sting rays, wobbygongs and leopard sharks. Apart from all this the trip out and back in the diving inflatables provided plenty of excitement and a good view of the bay’s resident dolphins.

Next trip will be at the start of winter when the Grey Nurse sharks will be in.  

Mr Mick O’Connor

---

**INTERNATIONAL STUDENTS VISITING**

We welcome six new enrolments from overseas this year. The students are Stefan Psota from Austria, Theresa Jerzembeck, Till Thietje, Katy Schwab, Natlaie Giube and Saskia von Rosenberg all from Germany. We hope that these students enjoy the variety of opportunities that Ballina High School offers all students. We also expect that Ballina High School students will show some good old “Ozzie” hospitality whilst these visitors are staying.

Mr Andrew Playford

---

**YEAR 9 SPECIAL INTEREST PROJECT**

The following Year 9 students: Billie Jeffery, Alex Budden, Jodie Stockwell, Maggie McGinley, Ben Taylor, Evan McGarrity, Shoni Reilly, Shannon Martin, Samuel Humphreys, Morgan Gibson, Bill Steel, Ellen Felton, Chris Park, Shannon Clayworth, Maddie Gray, Cloe Jager, John Parker, Liam Visman, are participating in a special interest project this term.

The students are in the process of developing, researching, designing and implementing a project around an area of interest to them. Their ideas are certainly different and the presentations will be something to look out for. Ms Sue Page

---

**CHESS TOURNAMENT HEATS UP**

The Ballina High School Chess tournament for 2011 is in full swing. The 30 players who registered to play have been using the library Reading Room as their battle ground and many valiant conflicts have been fought. The top 4 players will be asked to represent the school in the Secondary Schools Knockout Competition. We wish all participants well.

Mr Andrew Playford

---

**FUNDRAISING FOR TOKE VISIT 2011**

A Trivia night will be held as a fundraising event for the School’s Toke Visit on **Monday 2nd May, 2011** at the **Cherry Street Club at 6pm**. Everyone is welcome to get a group of friends together for this fun night. Great prizes!

---

**NEWS OF FORMER STUDENTS**

Yolande Campbell completed Year 12 in 2005 as DUX of the school. She has continued this high academic achievement by completing her course at Griffith University as the Highest Graduate for 2010. The course Yolande studied was a Degree in International Relations majoring in Language and Politics. Yolande will probably be employed by a major international business or work for the government in an embassy somewhere in the world.

Yolande sends her regards to all teachers and wants students to know they can do anything with a bit of work.  

Mr Andrew Playford
Year 7 Lake Ainsworth

Year 7 at BHS have kicked off to a great year with an excursion to the Lake Ainsworth Sport and Recreation Camp. On the 14th February, all of Year 7 spent the day in, on and around Lake Ainsworth.

The objective of the day was for students to get to know each other and participate in cooperation and team building activities. The activities organised by the staff at Lake Ainsworth included “initiatives”, canoeing and raft building. A barbecue lunch made sure that everyone had the energy to get through the day.

All students had a fantastic day and hopefully we can look at other outside activities for this year group in the coming years. A big thanks to all the kids. Well done. Thankyou to teachers and teachers aides for your participation in this event.

Mr Larry Polak

Prioritising is a life skill that enables students to become self-aware and self-managing in using their time more effectively. Reflecting on and then arranging their daily/weekly activities and commitments in order of importance build their self-awareness and independent learning power.

Please go to www.learningcurveplanner.com.au for further information

Mr Andrew Playford

NEW STAFF MEMBERS

Patrick Byrnes
Science Department

Proud father of Liam (4 years old) and Ruth (8 weeks old). This is my 21st year of teaching with the NSW DET. Looking forward to continuing to support the educational needs of public school students through my work at Ballina High School. I have a firm belief that it is our public schools that provide the best education and give students a fairer go.

ZONe LIONS YOUTH OF THE YEAR

Congratulations to Sunae Reilly. On Saturday Sunae represented Ballina High School at the Zone Lions Youth of the Year. Sunae delivered an engaging five minute speech on “Angels in our community” praising the tireless efforts of volunteers. She also had to answer 2 impromptu questions, one on the wiki leaks fiasco and one on volunteering. Sunae so impressed the judges that she is now off to compete at the Regional level this Saturday. We wish her the best of luck.

Ms Sue Page

Year 7 at BHS have kicked off to a great year with an excursion to the Lake Ainsworth Sport and Recreation Camp. On the 14th February, all of Year 7 spent the day in, on and around Lake Ainsworth.

The objective of the day was for students to get to know each other and participate in cooperation and team building activities. The activities organised by the staff at Lake Ainsworth included “initiatives”, canoeing and raft building. A barbecue lunch made sure that everyone had the energy to get through the day.

All students had a fantastic day and hopefully we can look at other outside activities for this year group in the coming years. A big thanks to all the kids. Well done. Thankyou to teachers and teachers aides for your participation in this event.

Mr Larry Polak

Prioritising is a life skill that enables students to become self-aware and self-managing in using their time more effectively. Reflecting on and then arranging their daily/weekly activities and commitments in order of importance build their self-awareness and independent learning power.

Please go to www.learningcurveplanner.com.au for further information

Mr Andrew Playford

NEW STAFF MEMBERS

Patrick Byrnes
Science Department

Proud father of Liam (4 years old) and Ruth (8 weeks old). This is my 21st year of teaching with the NSW DET. Looking forward to continuing to support the educational needs of public school students through my work at Ballina High School. I have a firm belief that it is our public schools that provide the best education and give students a fairer go.

ZONe LIONS YOUTH OF THE YEAR

Congratulations to Sunae Reilly. On Saturday Sunae represented Ballina High School at the Zone Lions Youth of the Year. Sunae delivered an engaging five minute speech on “Angels in our community” praising the tireless efforts of volunteers. She also had to answer 2 impromptu questions, one on the wiki leaks fiasco and one on volunteering. Sunae so impressed the judges that she is now off to compete at the Regional level this Saturday. We wish her the best of luck.

Ms Sue Page

Year 7 at BHS have kicked off to a great year with an excursion to the Lake Ainsworth Sport and Recreation Camp. On the 14th February, all of Year 7 spent the day in, on and around Lake Ainsworth.

The objective of the day was for students to get to know each other and participate in cooperation and team building activities. The activities organised by the staff at Lake Ainsworth included “initiatives”, canoeing and raft building. A barbecue lunch made sure that everyone had the energy to get through the day.

All students had a fantastic day and hopefully we can look at other outside activities for this year group in the coming years. A big thanks to all the kids. Well done. Thankyou to teachers and teachers aides for your participation in this event.

Mr Larry Polak

Prioritising is a life skill that enables students to become self-aware and self-managing in using their time more effectively. Reflecting on and then arranging their daily/weekly activities and commitments in order of importance build their self-awareness and independent learning power.

Please go to www.learningcurveplanner.com.au for further information

Mr Andrew Playford

NEW STAFF MEMBERS

Patrick Byrnes
Science Department

Proud father of Liam (4 years old) and Ruth (8 weeks old). This is my 21st year of teaching with the NSW DET. Looking forward to continuing to support the educational needs of public school students through my work at Ballina High School. I have a firm belief that it is our public schools that provide the best education and give students a fairer go.

ZONe LIONS YOUTH OF THE YEAR

Congratulations to Sunae Reilly. On Saturday Sunae represented Ballina High School at the Zone Lions Youth of the Year. Sunae delivered an engaging five minute speech on “Angels in our community” praising the tireless efforts of volunteers. She also had to answer 2 impromptu questions, one on the wiki leaks fiasco and one on volunteering. Sunae so impressed the judges that she is now off to compete at the Regional level this Saturday. We wish her the best of luck.

Ms Sue Page

Year 7 at BHS have kicked off to a great year with an excursion to the Lake Ainsworth Sport and Recreation Camp. On the 14th February, all of Year 7 spent the day in, on and around Lake Ainsworth.

The objective of the day was for students to get to know each other and participate in cooperation and team building activities. The activities organised by the staff at Lake Ainsworth included “initiatives”, canoeing and raft building. A barbecue lunch made sure that everyone had the energy to get through the day.

All students had a fantastic day and hopefully we can look at other outside activities for this year group in the coming years. A big thanks to all the kids. Well done. Thankyou to teachers and teachers aides for your participation in this event.

Mr Larry Polak

Prioritising is a life skill that enables students to become self-aware and self-managing in using their time more effectively. Reflecting on and then arranging their daily/weekly activities and commitments in order of importance build their self-awareness and independent learning power.

Please go to www.learningcurveplanner.com.au for further information

Mr Andrew Playford

NEW STAFF MEMBERS

Patrick Byrnes
Science Department

Proud father of Liam (4 years old) and Ruth (8 weeks old). This is my 21st year of teaching with the NSW DET. Looking forward to continuing to support the educational needs of public school students through my work at Ballina High School. I have a firm belief that it is our public schools that provide the best education and give students a fairer go.

ZONe LIONS YOUTH OF THE YEAR

Congratulations to Sunae Reilly. On Saturday Sunae represented Ballina High School at the Zone Lions Youth of the Year. Sunae delivered an engaging five minute speech on “Angels in our community” praising the tireless efforts of volunteers. She also had to answer 2 impromptu questions, one on the wiki leaks fiasco and one on volunteering. Sunae so impressed the judges that she is now off to compete at the Regional level this Saturday. We wish her the best of luck.

Ms Sue Page
Alcohol, Illegal Drugs, Driving and Roadside Testing

Driving under the influence of alcohol and/or drugs impairs driving skills. A zero blood alcohol limit applies to all L, P1 and P2 licence holders. This means **NO ALCOHOL** before driving.

Any driver, motorcycle rider or supervising licence holder may be required to undertake roadside testing for the presence of alcohol and/or illicit drugs. Roadside drug testing will detect the following three illicit drugs:

- Delta-9-tetrahydrocannabinol (THC), the active component of cannabis.
- Methylamphetamine (‘ice’, ‘speed’, ‘crystal meth’ ‘base’ etc).
- Methylenedioxymethylamphetamine (MDMA or ‘ecstasy’).

Driving after using cannabis results in longer reaction times, alters distance and time perception, lowers concentration, coordination, alertness and ability to react, and narrows or blurs vision.

Driving after using stimulants such as ecstasy and speed/ice increases risk taking and aggressive driving, causes loss of concentration and blurred or limited vision. The effects of cannabis, ecstasy and speed can last and be detected up to 24 hours after use. Combining drugs or taking drugs with alcohol increases impairment and risks.

Of those who reported driving on drugs, the most common drug was cannabis at 81 per cent followed by ecstasy at 13 per cent and speed at 10 per cent.

**Suggestions for parents**

Familiarise yourself with how drug education is being taught in your young person’s school.

Keep up to date with the latest information on cannabis and other drugs and their effects, so you can have a credible conversation with the young person in your care.

Remind your young person to only travel with a sober and responsible driver who is not under the influence of alcohol or drugs. Discuss how they are getting home.

Use TV reports, anti-drug commercials, school discussions about drugs, or a website to help you introduce the subject in a natural, unforced way.

**Resources:**

- [www.drugsdriving.adf.org.au](http://www.drugsdriving.adf.org.au)
- [www.ndarc.med.unsw.edu.au](http://www.ndarc.med.unsw.edu.au)  Follow links to Drug Information: Fact Sheets
- [www.ncpic.org.au](http://www.ncpic.org.au)
- [www.youthsafe.org](http://www.youthsafe.org)

For more information about the RRISK program and drug use, risk taking, visit [www.rrisk.com.au](http://www.rrisk.com.au)
Restrict Privacy Settings
To restrict the amount of information that potential bullies may have access to, you can help your teen customize his or her privacy settings so that certain people can't access information like the Wall, photos, or profile. Your teen can also change their privacy settings if they are uncomfortable being found in searches on the site. Privacy on Facebook is controlled primarily from the Privacy Settings page. This page is always available by navigating to the "Privacy Settings" option in the Account drop-down menu available from the top of every page. Please note that minors do not have public search listings created for them, so they do not appear in outside search engines until they have turned 18.

Respond to Abusers in the Right Way
Cyberbullies often seek a reaction from the people they harass. When they fail to get one, they often give up gradually. Rather than responding to a bully via Inbox, a Wall post, or Facebook Chat, your teen can use the "Block" or "Report" functions to resolve the issue safely. Remember, only confirmed friends can post to your teen's Wall or send your teen a message via Facebook Chat. If your teen is receiving posts and Chat messages that they don't like, you can help them remove the sender from their friend list. Please note that you should also contact the authorities if you ever feel threatened by something you see on the site.

Canteen Volunteers
Experience
Not necessary. Everything you need to know will be learnt within short space of time.

Salary
“A La Carte” lunch (healthy sandwich), plenty of tea or coffee and best of all friendship.

Bonus
Your children are happy to see you in their favourite place – school. You get to spoil them by spending a little extra money (all for a good cause) and you get to meet new people and make good friends within the school community.

Application close: NEVER
Please fill in the form below and send it back to the canteen as soon as possible. Your roster and orientation pack will be sent home to you. Thanking you in anticipation.

Canteen Volunteer
Name: __________________________________________
Telephone: ______________________________________
Child’s name: ___________________________ Year: ______

Please nominate: (day which you prefer to work)
☐ Monday    ☐ Weekly
☐ Tuesday   ☐ Fortnight
☐ Wednesday ☐ Monthly
☐ Thursday  
☐ Friday   
If possible I would like to work with __________________________________________

Dear Parents, Grandparents & Community members,

You are invited to share your skills and experience with the students and staff of Ballina High School. Do you have a few spare hours per month to exchange your skills, experience and expertise with Ballina High School to help us enrich the education and provide new experiences that will build better relationships between parents students and staff.

**Opportunities to be involved include:**
- Tutoring
- Canteen
- Special Projects
- Library
- School Radio

**Survey of Skills**

Name: ____________________________

Please list your skills and experience:

________________________________________________________________________

________________________________________________________________________

________________________________________________________________________

Email address: ____________________________  Phone: ____________________________  Best time to call you: ____________________________

This information will be kept in confidence and only be used for volunteer programs for Ballina High School. It may be withdrawn at any time.

Kim Hernage, CLO
Absent Notes
When students are absent, notes need to be returned to school within 7 school days. Beyond seven days their record cannot be amended. Please include the following details on the notes:

- Students full name
- Year eg Year 7
- Dates of absence
- Reason for absence ie if sick, please indicate nature of sickness (nausea, flu, broken arm).

Sick Procedure
If a student falls sick at school, the following procedure is put in place:

- Student advises the teacher
- Teacher assesses the student, in the first instance and if required sends the student to the front office with an out of class pass
- Front Office assesses the student and contacts parent/carer. Please note we do not have a school nurse or a supervised sick bay area
- Student to be picked up from the Front Office and sick pass issued.

If your child contacts you directly, please ask them to follow this procedure.

Student Leave Passes
Students who need to leave during the day should:

- Bring a note from home indicating full name, year, reason and time to be picked up with date, parent/carer signature and parent/carer name printed.
- Student presents note to Mrs Allen before school, opposite M5 (Monday, Tuesday, Thursday and Friday) or Mr Buchanan (PE staff room on Wednesday) and a pass will be issued.

Electronic Items
Mobile phones are banned in class. Electronic items can be used in the breaks but cannot be used during class time. They are also susceptible to theft.

Inappropriate use of a banned item will have the item confiscated.

- 1st offence Collect at main Office at 3.30pm
- 2nd offence Parent/Carer collects from main office
- 3rd offence May result in a suspension from school

Late Students
Late student are to proceed to the Front Office to sign in. Further instructions are located at the sign on book. Lateness reflects poorly on a student’s resume for future employment. Students should be organised to arrive at school before 8.55am daily. Students must return the completed blue slip to their roll call teacher the day following the late arrival.

Change of address/phone number/mobile number/emergency contact.
If student details change, please advise the Front Office as soon as possible.

Uniform Pool
Limited second hand uniforms are held by the school and may be purchased between the hours of 8.30 to 9.30 daily for $2. If your child has outgrown his/her school uniform they could be donated to our uniform pool. Please hand them into the Front Office - Thank you.